



BROTHERS **REACHING** BROTHERS

MEN'S HEALTH SYMPOSIUM

SATURDAY
September 12, 2009
8 a.m. – 2:30 p.m.
(Screenings from 8 – 9:45 a.m.)

FREE and open to everyone

Mills Health Center
100 S. San Mateo Drive
San Mateo
Hendrickson Auditorium



Keynote Speaker:
H. Geoffrey Watson, M.D.

Eligible for a **FREE** prostate cancer screening?

If the following apply, you are eligible for the free prostate cancer screening from 8 a.m. – 9:45 a.m.

- Age 50+ (age 45+, if African American)
- In good general health
- Have not had prostate cancer
- Have not had surgery to remove prostate gland for any reason

FREE Lab Screenings – First come, first served

- Requires a 12-hr. fast, water and meds ok (delay diabetes meds)
- Prostate (PSA), Cholesterol (full lipid profile), Glucose, HIV/AIDS, Kidney

FREE Workshops

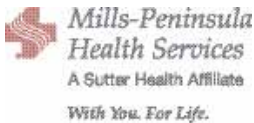
This year's program...

- *Keynote Speaker:*
H. Geoffrey Watson, M.D.
- Workshops for men of all ages
 - Prostate
 - Sexual Health & Wellness
 - Mental Health
 - Nutrition
- Cooking Demonstration
- Gifts and Raffle Prizes
- Breakfast and Lunch provide
- Information available about other health issues



www.aachac.org
A program of the African American Community Health Advisory Committee

Sponsors:



To register call
650.696.4378

MENS HEALTH SYMPOSIUM 2009



 *Mills-Peninsula
Health Services*
A Sutter Health Affiliate
With You. For Life.

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