

*You are invited to a special evening on*

## **“Living with Asthma”**

The American Lung Association of San Francisco & San Mateo Counties, in partnership with local doctors, invites you to learn more about asthma and how to manage it at one of our “Living with Asthma” nights. This program is for adults with asthma and families with loved ones suffering from asthma, to help improve their quality of life.

**Wednesday, June 15, 2005**

7:00-8:30pm

Presenter: Schuman Tam, M.D.

St. Mary’s Medical Center, Morrissey Hall

2250 Hayes St.(between Stanyan St. and Shrader St.), San Francisco

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**Thursday, June 16, 2005**

7:00-8:30pm

Presenters: Bernhard Votteri, M.D. and U.K. Sab, M.D.

Sequoia Hospital, 170 Alameda de las Pulgas, Redwood City

Sequoia Room (ground floor in back of cafeteria)

**The program is FREE and open to the public. Refreshments will be served.**

### **The following topics will be discussed**

- Physiology of Asthma
- Current Best Practices for Asthma Medications
- Prevention: How to be proactive with asthma care
- How the American Lung Association fights asthma, including its *Asthma Walk*, Oct. 8
- Open forum between doctors and parents/guardians/patients

Please join us at this very important program. It will be a wonderful opportunity to learn more about asthma and the work of the American Lung Association in an informal setting. We urge you to attend with family members and friends, and look forward to seeing you.