



California Department of Health Services

# Public Health Grand Rounds

## THE IMPACT OF INFANT FEEDING ON OBESITY AND DIABETES

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**Thursday August 14, 2003 9:00- 10:30 a.m. PDT**

This Public Health Grand Rounds seminar is available as both an audio conference AND a satellite broadcast. **The Health Services will be providing the satellite broadcast versus the audio.**

**Goal:** The purpose of this presentation is to update participants on the impact of feeding decisions during the first year of life on the incidence of obesity and diabetes later in life. In addition, participants will receive information on implementation of the National Breastfeeding Campaign in California.

**Learning Objectives:** At the conclusion of this presentation participants will be able to:

1. Describe how breastfeeding rates in California compare with national goals.
2. Discuss studies that examine the relationship between breastfeeding and child obesity.
1. List at least 3 potential explanations for the observed association between breastfeeding and lower risk of child overweight.
4. Describe the effect of breastfeeding on the incidence of diabetes.
1. Identify the role that individuals can play in promoting the National Breastfeeding Campaign.

The California Department of Health Services is approved as a provider of continuing education by the California State Board of Registered Nursing, Provider #00584, the California Medical Association in continuing medical education Category I credit, and the State Board of Dental Examiners, provider 1.5-2645. The California Department of Health Services is also approved by the Accreditation Evaluation Service of the California Pharmacists Association, Provider #160 (expires 2/29/04). This seminar is approved for 1.8 contact hours for nurses, 1.5 hour CME, and 1.5 hour of pharmacy continuing education credit. This program is also approved for 1.5 hour of continuing education credit by the California Association of Public Health Laboratory Directors, Provider #0078. **All health professionals must sign the attendance sheet and complete the evaluation form before a course certificate will be issued.**

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**Location:** San Mateo County Health Services Agency, 225 37<sup>th</sup> Avenue,  
Multipurpose Room B, San Mateo CA 94403.

Please contact Isabel Z. Ruiz to pre-register and for any questions regarding the broadcast at (650) 573-2398 or at [iruiz@co.sanmateo.ca.us](mailto:iruiz@co.sanmateo.ca.us).