



BLOOD PRESSURE/CHOLESTEROL SCREENING 2003

is coming to your church and exercise class!

Please check with your Church Liaison for screening times at your church or exercise class. Most church sponsored screenings will take place immediately following morning worship service(s).

WHEN AND WHERE:

Jerusalem Baptist Church

398 Sheridan, Palo Alto, CA 94306

February 23 ~ 12:00 noon

Pilgrim Community Church

400 Randolph St., San Francisco, CA 94188

March 2 ~ 12:30 pm

Bell Street Recreation Center

550 Bell Street, East Palo Alto, CA 94303

March 6 ~ 6:00 pm

Trinity Baptist Church

90 Northridge Dr., Daly City, CA 94015

March 9 ~ 12:15 pm

Pilgrim Baptist Church

217 North Grant St., San Mateo, CA 94401

March 16 ~ 1:00 pm

Greater Calvary Hill Baptist Church

101 Vista Grande Ave., Daly City, CA 94014

March 22 ~ 12:30 pm

Nueva Jerusalem Church

15 San Pedro Road, Daly City, CA 94014

March 23 ~ 12:30 pm

Mt. Zion Baptist Church

134 Henlock St., Redwood City, CA 94061

March 30 ~ 12:00 noon

WHO CAN PARTICIPATE:

All Members of Your Congregation 18 years of age or older.

WHY PARTICIPATE:

African Americans and Hispanics are at greater risk for cardiovascular disease than any other population groups in the United States. The tendency to develop high blood pressure at an earlier age and a greater severity of hypertension at any age attributes to heart disease and related conditions.

**You will also have an opportunity to enroll in the HomeRun!
Nutrition and Physical Fitness Program**

For more information contact your Church Liaison: _____

Or call the Program Coordinator: Gloria R. Brown at (650) 726-9059 W or (650) 347-5724 H

Collaborating Organizations: American Cancer Society, American Heart Association, The African American Community Health Advisory Committee, Mills-Peninsula Health Services, Peninsula Community Foundation, California Department of Health Services USDA, and University of California Cooperative Extension

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U.S. Department of Agriculture, University of California, and San Mateo & San Francisco Counties Cooperating